











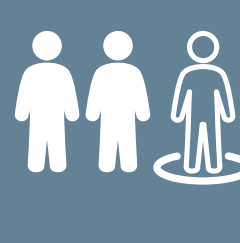




INVISIBLE WOUNDS.

KNOW THE SIGNS. TAKE ACTION. POSITIVE RESULTS.

Signs and symptoms that indicate someone may have an invisible wound include:

-  **Flashbacks**
-  **Irritable, frustrated, angry**
-  **Trouble with memory and attention**
-  **Sensitivity to light and sound**
-  **Headaches, migraines**
-  **Constant negative tone**
-  **Fatigue**
-  **Poor self-care**
-  **Feeling anxious**
-  **Trouble sleeping, insomnia**
-  **Feeling depressed**
-  **Chronic pain**
-  **Avoidance, detachment**

An invisible wound is a cognitive, emotional, or behavioral condition that can be associated with trauma or serious adverse life events. Examples of possible diagnoses are major depressive disorder, post-traumatic stress disorder (PTSD) and traumatic brain injury (TBI).

